Managing multiple medications can be confusing. **VNA Health Group** invites you to participate in a program that makes it easier to manage your medications. This program is offered through a partnership with **ExactCare® Pharmacy**. Medications will be delivered to your home.

### The Program

- Your medications will be sorted and counted for you.
- Your ExactPack will tell you when to take your medications.
- Medications will be delivered to your home each month.
- You will have a dedicated pharmacy care team.

### Next Steps

- **Pharmacist Review.** A pharmacist will review your list of medications to determine if you could benefit from ExactCare's medication management support.
- **Phone Call from ExactCare.** If you are a fit, ExactCare will call you to schedule a visit to your home.
- **Home Visit.** An ExactCare representative will come to your home to answer your questions and gather medication info.
- **Getting Started.** ExactCare may call you with updates or questions as your medications are prepared. It is important to stay in touch with the pharmacy.
- **Contact ExactCare.** If you have questions or need to reschedule your appointment.

**ExactCare Pharmacy**

1-877-355-7225  
www.exactcarepharmacy.com
ExactCare is a full-service pharmacy. Your monthly delivery also can include over-the-counter medications, supplements, topicals, creams and other as-needed medications.

Your ExactPack

This section tells you the day and time to take this pouch. Icons represent different times of day.

Name, strength and dosage for each medication.

Descriptions are below each medication name. This may include color, shape and what is printed on it.

Time of Day Icons

Icons on each pouch represent the time of day to take your medications.

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